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That through the research in the foundation that man is brought into physical balance - so too, it is important through the efforts of the Institute of Inner Light that man find the inner balance of the light within.

There are several organizations throughout the world today that are striving at some level to bring about a balance of man's inner life and is striving to bring about an understanding in man how to maintain that balance, as well, once achieved.

We seek through the endeavors of the Institute of Inner Light at one level to reach out to these organizations, these spiritual bodies, to reach out and fund them, and help them to continue their siritual endeavors towards helping mankind achieve and maintain that inner balance. And this, also, will help to maintain a balance at one level within the sole expression of the foundation and Institute and this will help to create a great flow of light and a balancing agent within all that it reaches out to. We will help guide and direct this funding project. We will show the ones that we feel are upon the right path.

But again, as we are leaving much in your hands as far as research and development within the foundation, we will not give all the answers within the Institute, for it is only through your own searching to find that which is do you grow. If we give it all to you, you, as individuals, will not grow. And the foundation, itself, will be weakened if it learns to lean on anything besides its own knowledge and growing in that knowledge will strengthen that foundation. So that we cannot come and give you every answer - either as to what projects to research or to fund within the foundation. And neither can we give you all the answers within the Institute of Inner Light as to which ones to fund, and not to fund. But we will give you direction, and we will lay down a guidepost. One has already been laid down in the sense that we seek to find a way of funding projects that bring about the understanding of

the balance within man, and then gives man those skills to maintain that balance once achieved. What more can be given. Yes, we know the names of the organizations would be greatly welcomed, and they will be given in time. But better you begin to look outside the self and of groups, and begin to look at world activities on a spiritual level. As you have begun to look outside yourself and outside the group and have begun to look at the scientific community and its programs and development - and through them you have weeded out a great many things that do not really look appropriate at this time. And you have looked at other programs that are appropriate and have begun to pursue them. And this is the way it shall be done within the Institute, to a great extent.

Another level of the foundation is aimed at helping to upgrade man's own consciousness within the medical community. To help bring about an education of people to a better understanding of how to use the natural forces to bring about help. And so, too, within the Institute of Inner Light, we seek to bring about a balance. And so we will work within the Institute of Inner Light to bring forth teachings that can be presented to mankind on a personal level and within group activities that will help man to better understand himself, to find that balance within and maintain it. Let us explain further here this.

Why then, it might be asked, if we are going to present a level of understanding concerning balance and the maintaining of balance in spirit through the Institute of Inner Light, must there then be a funding of other organizations who are striving to do the same? There is within the world over four billion people today. There is within the world over four billion <sup>different</sup> ways to reach God. No one teaching, no one man or organization can present to four billion people an idea that all will understand, be harmonious with, and grown into to achieve the balance that we are speaking. There are all different levels of awareness.

There are all different states of consciousness within the world today. And there is no way that you can attempt to present one idea, one level of understanding to four billion people and have it understood by four billion. So we work through different organizations, at different vibrational rates, presenting the same ideas but in different words, different manners, different expressions, and different levels of awareness. So that we can reach more, and in that way bring more back to God.

So that not only is it important to know within the Institute of Inner Light these teachings will be presented, it will help to reach out to those people that are ready for that truth at a particular vibrational rate. But also through the funding activity of the Institute of Inner Light you will also be helping to shore up and strengthen those other organizations presenting the truth, making sure that God's work is being done at all different levels of humanity's conscious level of awareness and bringing back more and more unto its self to God.

And on the third level will be the activity of Jim working as a liberator of souls, if he so desires it. We have presented him with this idea to some extent, and we have presented him to J-R, John Roger, who is a liberating master at this time, to help him become more familiar and at peace with the processes that go on as a liberating master. And he has come to some sense of peace with it now, but there is still growth that must take place if this is to be achieved. And it is up to him and his desire as to how far we can go in this area. As you can see, he is still struggling. It will take time. But the pattern has begun to break, and the light is beginning to come forth ever greater than before.



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Be manifest in joy. May the pure white light of the Holy Spirit surround and fill us at this time, guide and protect us upon this path as we search to understand better the desire of God in our expression. May we come to understand, may we be a manifestation of the Divine will and love of God, and may our service manifest to help the Divine plan for all.

At this time let us further give information, a teaching, that will help unfold yet a clarification of that which is being sought here in the way of understanding the path and the direction to be taken. In the Divine plan, in the Divine creative flow of life, at one point in the Godhead of creation a triune principle was set up - the three-in-one - the Father, the Son, and the Holy Spirit. Within that triune principle is a law of manifestation that must manifest within the Institute of Inner Light, the "III".

So you have the triple expression of God and the "III" expression reflecting the Father, The Son, and the Holy Spirit. You can see here the Divine flow and the Divine plan.

Let us begin at the beginning within the Triune Godhead. We have the Father, the Son and the Holy Spirit. We have the Divine will of God, that part of him which is the creator. That Father/Mother God expression that brought forth all. We have the Divine wisdom and love aspect of God which expresses the Divine Son and Daughtership of each present spark of God that is searching out Divine manifestation and understanding in its creation process and we have the breath of God, the Holy Spirit - the active intelligence.

The Father/Mother God created and came forth from that creation the Sons and Daughters of God. The many manifestations of God searching out himself to understand himself in full awareness and at the end of that search, at the end of that path of searching out the Divine awareness, the Divine self, the Holy Spirit (the active intelligence) is brought back into itself, into the God self with full awareness with active intelligence and returns back to itself in God in full awareness of itself.

So from the one comes the three and from the three, one. This Divine expression is expressed throughout all creation. Within the physical universe itself around the physical planes of earth, it manifests in this way. There are three masters if you wish to call them masters, great souls, who overshadow portions of the earth today. The earth is divided into three sections and each great soul overshadows a particular portion. One area represents the creative expression that of the Father. One area reflects the creative principle of the Sonship - that Divine aspect of himself searching to understand himself; and one area reflects that part of God that is active intelligence - the coming into the full awareness of self.

These three inner masters that work from the higher planes above, also have three outer masters that work diligently within the physical planes of earth reflecting their truth and their light according to Divine plan of the three-in-one. If you look at the earth today you can see within the earth these divisions. You have the Far East, the Near East and the West and you have three great divides in religion and in the way people perceive life and its purpose. So too now we ask that the Institute of Inner Light, the "III" reflect this Divine principle of the three-in-one. So that the Godhead in full manifestation might be expressed within this Institute.

We have given an outline now to some extent of what it is we seek to be accomplishing within this Institute but let us look at yet another way, and try to expand that which we have set down yesterday and the days past. On the first level the creative principle we have the creative flow coming forth out of the creative father and mother spirit. This creative principle is expressed throughout many spiritual organizations today as they try to create within man the desire to know God. Just as God created so that he could know himself better, now these spiritual organizations are creating the desire within man and woman, the desire to know God. Again the process

of going within and merging into the at-one-ment can be accomplished. The first level will be in the funding of these types of organizations. We do not wish the monies to be going to churches to present locked-in doctrines, doctrines by which man cannot perceive his individual Divine nature. We do not wish the monies to go to organizations that set down dogmas and rules and limitations upon man to the point that man cannot have the freedom to know his own Divine nature. These funds should go to organizations that help free man of the bondage of this world, that help to inspire man to begin the inner search. Remember we said yesterday and we say again today there are many levels to this inner search and so you are going to find many different types of organizations at many different levels of service.

Some will be very deep in their teachings and will be very fulfilling in the reward of their accomplishments, where others will be very superficial in their functions. That superficial function is necessary to move man from one level of consciousness to another and so they serve a purpose. So look at all with an open mind and then reflect within before making a final decision as to who receives and who does not. Remember all is one in God, just some reflect more of his light than others. We only say do not give where dogma pulls man back in his growth.

On the second level within the Institute of Inner Light is reflected of the Sonship - the Christing, where individual souls come into full awareness of self and begin to achieve that inner life and the balance that is necessary to achieve at-one-ment with God. Let this be the educational arm of the Institute, if you will, in which knowledge can flow out and be shared within the Institute and within the organization to help raise man to his individual Christing and his God consciousness. The liberation factor could come into play here to a great extent when you are setting up the three arms of the Institute. This can be decided as the Institute begins to grow.



To explain yet the third level, let me first express this. The three paths to God are meditation, study and service. So far we have given two paths within the Institute; one reflecting the God principle of the Father/mother creator. That principle is reflected within meditation for it is through meditation that one achieves understanding of the created principles within. That second level of Sonship is reflected within study for here man goes into creation. It experiences life, studies life and learns God through that study. The second arm of the Institute is the educational arm - that which gives material to be studied for the upliftment of man in his knowledge bringing him into his wisdom. So the third expression upon this path would be service and so the third expression within the Institute should be service. Service in some way to help bring about a balance within the world and also allow a place in which individuals who are doing meditation and study within the Institute also an expression of service. It is through service that one achieves the burning of karma, the freeing of bondage in this world. Through service you can burn karma off without having to live the karma. Just as it can be burned off within meditation so too it can be burned off in service.

This third arm will be involved in service to humanity in some manner in the development of new ideas to help make man's life better for himself and to help balance situations at all different levels. This is the life centers that we were talking of earlier with Jim, just as JR is trying to present the idea of the living center and other people throughout the world today are reaching the living centers. It is through our inspiration that these are coming into play and it is through the Institute that new ideas shall come forth to help bring these about.

We will bring the people into the Institute that need to be involved in this level of service and they will give freely of their time and their effort and their knowledge as you will see as time progresses. We wish to see new educational systems set up in helping to raise children properly

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in a better balance of light and truth within this world so that they may  
w in spirit, and not have the guilt placed upon them as early children.  
It is guilt that tends to block many people from God consciousness in this  
life. In daycare centers, in kindergartens and elementary educational  
systems new ways to raise children in their consciousness in bringing about  
balance between the emotional and mental levels can be accomplished  
so that the spiritual identity and awareness can be achieved and maintained  
throughout life. An educational process of bringing parents into this know-  
ledge of giving the children their freedom and allowing them to express that  
Godliness in them can also be accomplished if done properly.

We would hope to see in the future a process of educating prospective  
parents so that before they even conceive, they will be preparing the way  
for a child and educating the child within the womb creating environments  
that will be holistic for the child and for the family.

We also look at the other end of life within the physical realm - that  
being the process of growing old and of death. Here you see many people  
suffering greatly as they begin to leave this physical world. They are set  
aside within nursing homes and convalescent centers and forgotten, left to  
suffer many times and then that hatred and bitterness that they begin to fill  
themselves with because of where they are at - that tends to block them from  
going into the greatest light as they enter into the highest realms beyond.  
Where before they may have been filled with love for God, they learn to hate  
God in the end. That hatred only blocks them from eternal freedom. So New  
Age Centers for elderly can be set up in such a way to give them a sense of  
decency and dignity and help them in that process of transition to be comfortable  
and at peace with this process.



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As we come together at this time let us go within our hearts and call forth the white light of the hold spirit to come forth and manifest in each other. To fill and surround us, to guide and protect us forever. May the spirit of God descend and fill each of us at this point and may this point in time be a reflection of the greater light - the light that is and the light that all of us are seeking to be.

Greetings from Cato and the Masters of Inner Light and blessings from those beyond this realm who serve yet in a greater realm of light and truth and love.

As we come to you this day we bring great joy for in the joy of knowledge the turmoil is being set aside and chaos is being destroyed and replaced with knowledge, wisdom and love. As we have told you of past, the world has set down for itself many patterns, many difficult times in karma that had to be unfolded for humanity to unfold into the light. Before the light could manifest the karma had to be burned off. Before truth could be known, ignorance had to be lived. Mankind has been listening. Not only with his outer ear but with his inner ear as well and has begun to respond. And glorious is the day that the inner light is beginning to shine forth for more and more people throughout the world. And joyous is the heart of God as he begins to see the movement forward and upward into that greater light. The turmoil that was meant to be upon this world was a turmoil set down aeons ago in karma patterns. Mankind in striving to understand himself and enter into the light of God, has brought about a descending of this energy, a burning off of this energy without having to have great chaos and destruction and turmoil. Yes, there is still problems to be faced and there is still turmoil ahead for many, but the greater conflicts are being set aside because the minor ones are being handled daily now and man is beginning to realize that unless he handles the daily, minor turmoils the small events of today, they will only build and be major ones tomorrow.

And there are enough now in this world that are beginning to handle the daily ones - that are beginning to take and handle the responsibilities that need to be taken care of at this moment. So that the major events of tomorrow will be events of light and of truth, and not of chaos. This brings great joy within the Greater Masters for this is our inner light - this is our inner vision for man - that he rise up and grow in the daily responsibilities of life. As only in that point of growing into the light through those responsibilities that man shall be lifted up into his own God self. It is in running from those responsibilities and away from that light that lies within that responsibility that man finds ignorance and turmoil, chaos, hatred, bigotry and all other things that separate him from God. There is yet much to be cleansed in the way of karmic patterns that have been set down in the past. But we feel for the first time that major events such as wars, depressions, poverty, famine can begin to be set aside because humanity as a whole is beginning to focus on more of a universal consciousness and not on a country or a tribe or a neighborhood or a family or the self. But rather the self is beginning to focus outside onto the universe and realize I am one with all and in that oneness I must help. For if one goes hungry, I am hungry. If one is in pain, I am in pain. If one dies, I die. And so it is in this joy that the self is finding in the giving to the universe and to all that is involved in that universe that the lesser karmas are being burned off rapidly and the greater karmas are being dissolved daily. And the greater light of the God within is beginning to manifest now. You have witnessed this recently within the activities you have seen in California. And you will begin to see it expand and grow throughout the world. And truly it shall lead to the greater vision for many people within humanity.

You must remember that not all will catch the greater vision. Not all will understand the greater glory that is. But the few can lead the many as a shepherd leads the sheep. If we can capture the ideas of the few, if we can raise the

vision of the few, then many will follow that vision. This all that we endeavor to do throughout any organization - is to raise the vision of the few. We cannot change the world. We cannot change the many - not by ourselves. But if we can capture the few ideal hearts, those that have the ideal image of God within them and that sense it and want to live it - if we can capture their vision and raise their vision to the greater glory of themselves and of humanity, truly the many will be led to the greater vision, to the greater ideal - and to that point of love that is God.

That these struggles must manifest yet that energy is to be broken and dissolved once and for all. The personality must be dissolved. The past must be broken for the present to ever be lived. I, Jesus, have overshadowed this individual as a Master in another lifetime and have helped raise him up into the greater light and glory of God. And now it is his time to help raise up others to that greater glory. This is the purpose of his life. This is his mission. But there is great struggle for the responsibilities that come with that mission are many and can be difficult at times to handle. He is beginning to realize though now that he does not have to handle them. The God within shall do it all. So today, part of the fear has walked away. It has left him forever. There are yet more fears to handle. But they are minor in comparison to that which left this moment. That which has become true is the inner light teachings is nothing new, is nothing old. It is the same for God is the same. Never changing. Always present, always here at this moment. So the truth is always present, always here at this moment, and always the same. This is how you know the highest from the lowest of truths. For the truth of the old and the truth of today will manifest as one and the same. But the truth of the lower - the truth that is given in the physical realms of reality and not ensouled with God's light, shall be confused and have varied words and teachings added to them. And so we now try to bring to you through an individual such as Jim this greater light and truth that is God's. A child was born and has been raised for some time now with the ideas of a few people and that child is now beginning to mature within each of you. That Christ child that must come forth if truth is to survive. Each of you have reached a



level of involvement within spirit at one point or another in lives past. And the light of the past ever reflects through your consciousness into this reality today. Sometimes more on a conscious level, sometimes more on an unconscious. It depends upon the moment, it depends upon the personality as to that which comes true. When you can set aside the mind and the emotion and the physical desires, the greater light can come through much easier and in full consciousness. But if you have the mind involved or the emotions involved or the physical body desires involved, then that light comes through but not as clear and not as strong. Because personality and ego are placed upon it. And so it is like water breaking up light, and not allowing it to come in as pure as it should. For when you send a shaft of light through a pool of water, the water bends the light and distorts the light and does not allow it to come through as pure, clear, straight line. But when you remove the water, the light flows in its proper direction and in pure strength. And this is what we are attempting to do in each of you. To remove that which distorts the light that is your soul, to remove the mind, to remove the emotions, and to remove the physical desires as much as possible. So that more and more the light that is God can manifest in its pure form. For remember this, each of you are God in manifestation. But that of the past that you have taken upon yourself as a garment of this world, distorts that light that is God and does not allow it to come through in its purest form. And as you began to set aside the garments of the past, more and more the light that is God begins to come forth and manifest in its pure form. And so it is in this individual now. The garments are being discarded and burned and the greater light begins to come forth. At this moment the channel is clearer now than it has been in some time as you can hear in these words and as you can begin to feel and the light flow as it comes into each of you. The light of the Holy Spirit is now upon you and it fills each cell of your being and ensouls you with the Holy Spirit. The light, the

light and the sound that is God. And as it begins to pour forth into each of you, into each part of your being, it begins to lift up your consciousness and melt away that which distorts the greater light. And so it is daily that you must enter into this light. It is daily that you must enter into this sound and to begin to manifest that greater light for all the world to know, to see, to hear. This is how the world will change. Through individual development of the God within and through God expressing the outer so that all may know Him.

We will leave at this moment so that you might dwell in this light and in this consciousness and yet another time this day or tomorrow we will come again and begin to lay down a pattern for that new institution that you were trying to place together in your mind, in your heart and your soul so that it might dwell upon the physical planes. Begin to discuss this afternoon that which you have within your own hearts, your minds and your souls as an image of what the inner light workings should be. It is only in your sharing of these ideas that the greater truth can come forth. For until that manifest from within each of you, we cannot give you yet the greater vision. For in giving, you receive, and in receiving the greater knowledge is placed. So at this time let us call forth once again the greater light going up through each chakra within your being and let the shaft of light radiate upward into the greater part of your being - that of the soul which resides above your body. And see this light beginning to lift upward and filling your whole oric being so that you are a light beam in the physical realm.

Begin to experience within the mind itself the awakening of the soul mind and put aside the little mind of man so that the mind of God might dwell within you and let his ideas become the great ideas within your being. Turn your focus away from the little ideas of the world. Turn your focus away from the concerns of the world and let the greater mind of God take care of those concerns for you.

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This is how God functions in your life. Allow him at this moment to function and let each moment be filled with the functioning mind of God rather than with the little mind of God. We leave you in this light and this glory. We shall return yet again. Peace my children. Peace.

That last dictation was recorded the morning of 10/30/84.



This next dictation was recorded in the evening of 10/30.

We ask that the pure white light of the Holy Spirit come forth at this time. Fill us and surround us with thou pure white light. Guide us and protect us upon this path toward our own soul liberation. Bring us some truthful fruition, bring us unto fulfillment of the soul. Let the path that we walk lead us ever to God and may the service we perform today and throughout the remainder of our lives be the service that frees us from the bondage of our karma.

At this time as we begin to progress in this announcement of what it is we seek to see within the new Institute that you are trying to put together tonight and throughout the days ahead. We must make one thing clear. Part of the struggle in getting this message through is the fact that much of this has not been presented to Jim on the other side. In the past, we have often presented the material to him at night, in class form during council chambers getting some order and approval from him or at least familiarizing him enough with some of the material to be given so that when it is presented it is a part of his consciousness and therefore there is not the struggle that goes on as tonight and earlier today. So if at times we pause, it is only because we are correcting some imbalance within the memory patterns in trying to bring about an agreement within the energy field of his aura to that which we are to present.

In life when the soul enters into embodiment, the majority of time for the most part is involved within physical evolution and physical growth and physical involvement. For most people, the coming to the physical planes of earth the soul plays a very small part in their lives. Ninety percent of man's endeavors in this world are somehow involved within the physical universe, within the physical manifestations of life and are involved with the physical universal laws. And ten percent of that time of that life of the energy involved in the expression of the soul, involves soul and spiritual awareness of searching

out and trying to find some level of expression of the God within. This is an important lesson because bases much of what it is we wish to lay down within the Institute.

For the most part, this rule works quite well. For the soul has come into physical embodiment in order to learn. To learn about creation in the physical universe. To learn about physical desires. To learn about the emotional nature that can be expressed so thoroughly within the physical body and through the physical body and within the physical body. The mind, the mental capacity, can also be experienced by the soul at this level and this expression. And the unconscious mind as well can be experienced much easier within the physical universe and through a physical embodiment than any other realm except that realm of the unconscious. But when one enters into the unconscious state it is very hard to know it if you are dwelling only in that state at that time. But if you are in the physical embodiment, it is much easier to be aware of the unconscious state and to experience it fully while yet in the physical. And therefore, when the soul enters into manifestation here in these lower realms, it spends 90% of its time experiencing, learning, growing, being a part of all these different expressions of creation. So that it the soul can learn, can grow and begin to understand fully its true nature. And in this way, it begins to understand the true laws of creation and how to go forth in the future soul God aware as a co-creator with God. So the soul buries itself within the physical universe in order to learn, to grow, and to understand these realms. If it was not so, the soul would never obtain the wisdom needed to become God conscious, to become a co-creator. For before entering into the physical universe and physical embodiment, the soul has full awareness of itself and of God within, but it is an unrealized state. It does not understand its full potential and it can only learn its full potential by experiencing all aspects of itself. And a part of that self is this physical universe that we are now dwelling in.

There were sixteen expressions of God that went forth and we must experience all levels of those expressions in order to understand our true God nature. And the physical universe of time and space is one of these levels of creation. One of the lessons of expression that we must experience in order to understand fully the God within us. It is only in experiencing the all that we can become one with the all. If we limit ourselves to only a part, we still remain unrealized to our full potential. And this is why the soul come and bury itself and spend 90% of its energy in time within this physical universe. For without that, the lessons could not be learned. And it is only through learning that one obtains understanding and through understanding one is able to free himself. For in understanding, one knows the true expression and how to put the energy of that expression into full and fruitful manifestation.

But it is also important to remember that there is the 10%. There is the soul that must manifest at one point. And so as you begin to move through the physical universe with understanding, with awareness, and eventually with freedom, our attention must begin to move away from the physical and toward the soul. And so eventually our attention must shift from 90% in the physical and 10% in the spirit to where our time and energy and awareness is aimed more and more toward the spirit and less and less in the physical. So you see a shift in time and space. You see a shift in focus from the 90% physical, 10% spirit to 80% physical, 20% spirit and so on. Until eventually, hopefully, it will be 90% spirit and 10% physical. But for the majority of humanity, it remains today 90% physical awareness and physical growth in the awareness and 10% spiritual. And so it is within most organizations that exist today. But for the most part, the spiritual is forgotten almost completely if not completely. It is important here to remember this. The idea of the foundation came from spirit. But the goal of the foundation is to serve the physical universe. To



help bring balance where there is not. To help bring harmony where there is not. And to find ways to help man find health where there is not. And you will find that this will be expressed in many different ways. In some areas it will be totally a physical expression of medications, of electrical instrumentation that will bring about the balance, of certain types of surgery. And other forms of manipulation of the physical energies and physical tissues that will bring about healing and balance for the individual. At other levels there will be functions within the astral emotional bodies to help bring about certain levels of balance and harmony within those persons. So that balance and health may be the result. At other levels, it will be involving changing of the mind, changing of the attitude within the individual - to help them find that peace and that health and that balance within them. For often times it only takes a correction of an attitude, an idea, a change in focus to bring about the balance necessary. So the foundations purpose is to reach out and heal body, emotion, and mind. But there is yet one other level to that - and that is spirit. The energy and the ideas, the power to move forward comes from spirit and gives life to the physical, the foundation. Just as the physical body cannot exist without the life force of the soul, feeding ever the light of God into the physical embodiment and keeping it alive so, too, this foundation needs the flow of light from its soul, the Council of the Masters of Inner Light and other Masters who wish to work with this, in order for the foundation to have life and to continue its flow of service as it is meant to be. But in order for the foundation to be successful, its focus must be in that 90% region. For that is where its service lies. So that it cannot change its focus to be 50% physical and 50% spiritual - this would not work. For much would be left undone within the physical realms of research if this became the focus of the foundation. And this is why we are calling forward the idea of the Institute of Inner Light. This is what you have named it up to now. And this we will go into yet

another time. At this time, we will refer to it by this name until we have resolved the final name for it with you.

This is to be the embodiment and the expression of the soul that 10% and this will allow then that final balance, that life flow, and that expression of the soul level of the foundation. We are not saying that is is meant to be a part of the foundation. But what we refer to here is that it is the life force of the foundation. And as it expresses so, too, the foundation has expression. And as the foundation expresses, so, too, the spiritual expression will have expression and life.

It is important that the entity we work through here, which is Jim, learns to change his focus from the physical more and more towards spirit. For as we have said, the focus eventually for each of us must change and move more toward God, more toward our own soul and away from the physical if we are to find liberation and find God. We can still function very well within the physical universe. True, the world may look at us and say how stupid, how out of balance, how unrealistic those individuals are, but we will work all the same and be successful in spite of what they have to say. For we know that God is the creator of all and if we live in his perfection, only perfection can come forward. True, this is a negative realm and it will fight the perfection that is trying to be presented, but the negative cannot succeed if our focus is living within perfection. If our focus is in the negative and we try to play the game of perfection in the negative realm, truly we will win out. You can see this often in spiritual organizations who play the game of perfection, who play the game of I know and you don't. But you have witnessed yet again an idea of perfection and manifestation within the negative realm in the John-Roger Foundation and his people and the way they work within the negative realm. It

seems very unrealistic the way they function at times. Sometimes it almost seems idiotic, but it works, because it is God, and that's the difference. In order to change this world, God must come into it and teach it how to be realistic in God, and that is what is being accomplished today in some small degrees. But remember, this world, the negative realm will not be changed for many aeons. Further yet, many souls that need to learn the lessons here and we only rob them of the opportunity of growth and learning if we take it away from them by manifesting totally the positive reality of God. You must understand both polarities in order to live within the reality of God and if you take away the one, you have an imbalance and that is not God. God is balance. But we can reach down and help bring about some levels of perfection, some levels of awareness, some levels of expression of the divine. So that man can look and see and hear and know and begin to walk in that light of love. This is what we are attempting to do here and <sup>through</sup> the John-Roger Foundation and through other such bodies of spirit as they are beginning to manifest around the world today.

Now let us look a little closer. We have now discussed that the foundation is the 90% physical embodiment and that its work must be within these realms of research and endeavor. For it is only through the research and development program that you set forth that balance can begin to come forth and be maintained for those involved so greatly within the physical universe. And it will take 90% of your time and your energy, your love in order for it to come forth. But we need to take care of that 10% as well. For just as there is responsibility to the 90% there is also responsibility to the 10% and so this is why we are bringing about this new form of light. It is not new, it is the same as old. No new words will come out of it. No new light will come out of it. But it



will be a path. It will be a way. And it will be a way shower. So now let us look and hear well that which we bring forth. We have in mind three levels of function within this light that you call the Institute of Inner Light. And here the struggles will begin and if for a moment we pause, it is only because as of yet this soul is not prepared to hear all. It has not heard all. And we may only present a portion at this time because of that. For he has not agreed to some. And until we get full agreement from him, in his comfort, we can not ask that you put your energy behind that area that he is not comfortable with. So first let us put out these words that he will be comfortable with and can grow into comfortably.

The first level of the foundation was reaching out and funding research and development for physical upliftment of mankind, to bring about health and balance and an understanding of how to maintain that balance once achieved. And so now, within the Institute of Inner Light, we ask this - the funding program that we seek within the Institute of Inner Light should reach out unto spiritual organizations

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### III

in a better balance of light and truth within this world so that they may grow in spirit, and not have the guilt placed upon them as early children. It is guilt that tends to block many people from God consciousness in this life. In daycare centers, in kindergartens and elementary educational systems new ways to raise children in their consciousness in bringing about balance between the emotional and mental levels can be accomplished so that the spiritual identity and awareness can be achieved and maintained throughout life. An educational process of bringing parents into this knowledge of giving the children their freedom and allowing them to express that Godliness in them can also be accomplished if done properly.

We would hope to see in the future a process of educating prospective parents so that before they even conceive, they will be preparing the way for a child and educating the child within the womb creating environments that will be holistic for the child and for the family.

We also look at the other end of life within the physical realm - that being the process of growing old and of death. Here you see many people suffering greatly as they begin to leave this physical world. They are set aside within nursing homes and convalescent centers and forgotten, left to suffer many times and then that hatred and bitterness that they begin to fill themselves with because of where they are at - that tends to block them from going into the greatest light as they enter into the highest realms beyond. Where before they may have been filled with love for God, they learn to hate God in the end. That hatred only blocks them from eternal freedom. So New Age Centers for elderly can be set up in such a way to give them a sense of decency and dignity and help them in that process of transition to be comfortable and at peace with this process.

Also, hospices can be expanded upon and a greater sense of dignity and understanding can be given. It's a far reaching project, but it can be done and it can be done with the 10% that has been asked. For God can do a great deal with 10%. For the foundation to do its work, it will take the 90%

and maybe even more in the future. The more will come as that time is needed, but with the 10% God can manifest all. The foundation now must be laid - the ideas must be played with time and time again until one becomes peaceful with the direction to go. We are only going to lay out outlines and then we will leave much of the process to each of you as to how to accomplish it. Remember this you do not have to do all the work. God can bring to you those that can do much of the work. All you have to do is agree to do his service and God will bring them to you those that can do the service for him through you.

At this time we are in the process of educating Jim while we are here giving you these instructions and answering your questions. We are instilling within him at this time the greater desire to do the greater service for he will have to be instilled with the desire that God has for the greater good of humanity and at this time the process has begun for he is agreeing to open up more and more. As the freedom came yesterday from that which he had been holding off for some time in India even unto the last life. Now that he is freed from that he can begin this life's work.

You have some questions.

BF In what way are we affecting this channeling? Are we adversely affecting it in any way.

\*\* No, each of you here is not affecting the channeling. The channeling is coming through only because you have opened yourself up to the desire to let God manifest within your lives more. These opportunities are coming only because you have asked them into your life at some level, at some point in time and place and they are coming to you now only because of that. True, outside influences could affect that which comes through if we allow it. There are those that would like to see this fail. There are those that would like to see (keep) this from being done or even being verbalized, but we know how



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to protect the flow of light so that it comes through with clarity. The only thing that might keep the clarity from being as strong, as bright, and as clear as we might like it to be is the vehicle that we come through.

BF On the subject of spirituality versus physical, do you view the efforts of the foundation in its development of instrumentation as not being a spiritual process?

\*\* Let me change to yet another teacher for these questions for the Council has brought someone different to answer questions along these lines.

As you were saying you may ask again.

BF Is the development of instrumentation along the research and development effort a non-spiritual process?

\*\* It is a very spiritual process but it is a very physical one as well. It's a desire of spirit that this come about, but it is a very physical process that is taking place. This is why the people that are involved in this level are more physically oriented and will not really look to spirit for total guidance or awareness. Does that make it clear or do you wish further clarification?

BF The essence of my question was that sometimes I am confused, that sometimes the foundation is referred to as physical and III as being spiritual. What is really the essence behind it? Does that mean that the people in the foundation are not spiritual?

\*\* Oh no, not at all is that meant in that way. Remember all are one in God. God just lives and expresses in different forms. Those expressions of form within the foundation have a certain service and mission to fulfill for him and they are fulfilling it. Those within the Institute have yet another mission to fulfill for him and they too shall fulfill that, but there is no difference in spirituality. All are spiritual in reality and in the moment of oneness. It's just how we express daily.

BF Thank you. Is it of the highest universal good for either you or your designate to provide stock market information so that the foundation to slowly

further its activities?

\*\* I am sorry but we are not allowed to. We serve in a spiritual capacity and we are not allowed to influence or give statements that might affect the flow of consciousness or growth in this life. The only things that we can do is to direct toward meditation study and service. These things which you are talking about here deal in physical law and physical manifestation. These are lessons that each of you must learn from. We have learned them, but we cannot teach them to you because in teaching we experience that lesson for you rather than you learning it yourself. We will give you intuition and we will help direct you. Also, take your own advice - turn to the experts. This is what you told the John-Roger people. Turn to the experts, so we tell you the same. Take your advice.

BF Thank you. In what way - I am clarifying something that came through earlier. In what way do you see ego thwarting the foundation effort?

\*\* We do not see ego really being that much of a problem...be dealt with daily in the scientific community. It is important that you have those that can relate at that level with them and you have those people in the foundation at this time. They can conduct very good conversations and expand research in this way and also understand that which is trying to be accomplished without a great deal of idealism or spiritual expression coming forth which might put somebody off in the research fields. So it is important that ego be there. They play a role at this time and this place within the foundation. The only time that they may hurt the process is in the process of one mind trying to overcome the other. One mentality trying to be the dominant force over the other and saying "I know better than you." or if you do not understand me and therefore, I am going to fight you on this.

At times this can happen, but in the process of ego it is a process that will allways happen. It is hoped in time that the personality factors that might exist from time to time within the foundation shall be melted away as a family type atmosphere will be created and a new level of harmony be

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achieved. The foundation is a business and it takes on the atmosphere of a business in order to be able to work properly in the business-academic community.



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IV

Yes, my brothers. As has been stated a great release has been manifested and a greater light can be dispersed through this physical vehicle because of this release.

First, let me say that usually in most instances when we are together and a voice does not identify itself, it usually is myself, Cato. Otherwise, we will try to identify those individuals as they come through so that you will understand where the energy is coming from and what the light is trying to say to you at that moment. I am overseer from the council chambers on high and I oversee the focus of light that comes through this vehicle at this time.

Today we are beginning a new process within the mind, and heart and body of Jim. This will be explained at another time. But first let us begin the process of understanding that which we are laying down today and the days past.

Within the council chamber we have been talking a great deal and it is good that you gave us the full day yesterday in order to come to a determination of what we wish in the way of focusing energy through this vehicle through the Institute and the foundation for it has given us much time to discuss and come to a level of understanding of that which we wish to see manifested.

Also, we have reflected within and taken the light of the higher and through this process we will begin dispersing this greater light through this individual, through the Institute and the foundation. In the process of looking at what is happening in the foundation, the Institute and within each of you we have come to these decisions. The foundation must continue its process of research and development in order to reach out and upgrade the development of man's physical vehicle. For without this process the greater process of spiritual unfoldment could not come about. This is the greatest desire for the foundation and it is not necessary for the foundation to be totally focused within spirit. But we can through several means and several processes

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bring spirit into the foundation even though spirit is not spoken of a great deal.

You seek to find yet another understanding of the talents of science. You want knowledge from the inner planes concerning certain mechanisms that could be developed, certain ideas that need to be resolved for the betterment of medicine. We are now taking this into heart and we will begin the process of deciding whether or not there is enough knowledge on the inner planes, within the astral and mental realms, available within this time; and if we so choose that there is a source within the physical planes and a source within the spiritual planes that can bring forth this knowledge, we will bring this to you.

In other words, first we must evaluate the situation and see whether or not the talents of knowledge on this inner level will be of benefit to you within the foundation or if it could cause more confusion within the foundation and its workings. For what we seek within the foundation itself is to bring forth the knowledge from within individuals that dwell within the physical bodies. There are great minds walking the earth today that need developing and there are great minds that are developed that are limited in their expression. These are the ones we wish to bring forth with the funds and the freedom of the foundation activities. For it is these individuals that have come in to fulfill certain karmic patterns for the world and for themselves. There is this freedom of expression that will bring about the great ideas that you are searching for.

Upon the earth today there are many businesses, chemists, mathematicians, and other forms of researchers that can go forth and develop all of the ideas that you have ever possibly imagined and more. It is just a waking within them that level of creativity, and giving them the freedom to express in an open and academic area of life so that they can sense the freedom of the inner enough to express it without fear of rejection or ridicule of their peers.

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So it is important to search on the outer levels those individuals who can truly begin coming forth with this knowledge and they are there already. You are beginning to hear more and more of them. It is just a matter of following up and pursuing that which is brought to you and developing those levels of knowledge for truly we could bring to you who could communicate within the astral and in the mental planes and bring many scientists to you from this level and even beyond, into the soul realms and beyond, but that knowledge would not be useful to you if you do not have those scientists, those minds available to you at your fingertips to develop the instrumentation.

First collect together the minds and the bodies to do the work and then let us bring you the knowledge. Knowledge without a source of expression is fruitless. First find the bodies that can give forth the expression and the knowledge will follow. Develop the foundation of the foundation. Develop a platform from which this knowledge can be workable. So go out first and find those that truly have the heart and the mind to fulfill that which is trying to be expressed within the foundation and realize that we do not need to come through mediums as such to bring this knowledge forth we can impress it upon the minds of those that are developing and let them bring forth the creativity.

This was accomplished through Edison. Within Edison's lifetime he became quite spiritually aware within himself even though he never truly focused within the soul reality consciously and we impressed upon him through dreams and through inspiration the knowledge that he brought forth and so it was with Einstein and many others. This is how we feel most comfortable in focusing this knowledge rather than trying to bring it through a mind of a medium, a psychic, a clairvoyant, whatever. We would rather work through the mind developed and develop the mind as energy focuses through that



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individual. That way the individual himself or herself grows as the mind level expands and eventually through the service, the soul begins to manifest.

Concerning the finances of the Institute itself.. We are in agreement at this point. We feel that the money set aside for the Institute be free and not from the foundation. The personalities and egos either of today or tomorrow within the foundation itself cannot inflict themselves upon the flow of money within the Institute. If you set up an endowment, separate the endowment enough to where the money is free of the foundation so that it will not be inflicted upon by these personalities or egos. The monies could remain within the investment program of the foundation or could be overseen by the investment program of the foundation, but it must be set up in such a way that it is free of the influence of the foundation personalities. For truly this money will be set aside for spiritual direction and spiritual guidance and this money will be directed more fully in its expression by the inner focus than the monies of the foundation. Truly we will overshadow and oversee the prosperity of the foundation and the workings of the foundation, but it is not necessary that we come in directly into the foundation and manifest verbally, emotionally or mentally within those involved in the foundation.

Within the Institute it is necessary in order to bring about the inspiration of light and truth and love. So we prefer that you set the monies up in such a way that there is a freedom, a separation even though there is an inner exchange of ideas and the awareness of its development of funding.

When we speak of 10% we speak of it in this manner. God gives all to you and you give all to him in your life. Take a look at the all that is the foundation and give 10% of the all to God.

So we look at atonement and we look at the flow of atonement and we give according to the flow.

Within the Institute itself we have decided that there should be an understanding in this way concerning the finances within the Institute we would prefer the finances stay within the Institute itself and the monies

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that are not used each year go back within the Institute to help build it and make it stronger so that it can survive and grow at the time it is needed and the monies are needed in that time.

We have brought you a great deal of knowledge in these past few days and we wish to clarify many things now and I think they will become clearer as we continue at this moment.

The first level of the Institute will be the funding process and it will be very hard to take all the money available each year and put them into total funding because it will not always be enough programs out there needing that much money so in those times put the money back into the Institute to build it and make it stronger. Give 10% of the funding process in other words back to God, within the Institute and tithe to the God within the Institute itself. Is that understandable?

Then realize too that a portion of the monies will go towards education, and to the level of service as it begins to develop within the focus of the Institute. So there will not be just a funding program, there will not be just a flow of money for the funding process itself; there will be a need for the financing of the educational department and the department of service. So you will need to look at the financing in this way — that there must be enough money set aside and focused in such a way that all three departments can be achievable in time. The Department of Education and the Department of Service will not be developed fully immediately. It will be over a period of time as we draw those souls unto the Institute that can truly fulfill that which is needed and yes, we have yet another message coming in at this time that we will go into in a moment.

The first level will be the funding process and this will begin to draw the light into the foundation and into the Institute and will allow that light to flow more freely. In the past in the core group itself we have tried

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to bring about a great flow of light, a great flow of truth but the individuals involved have only allowed themselves to open up a small portion of that which they are. They have not allowed the full potential of their soul or their spiritual identity to come forth and they have only allowed a small portion of that to manifest. That core group can still serve as a focus of growth for the individuals involved both with yourselves here as well as those involved in the core group that are in Michigan today.

Allow that light to continue to grow and manifest because it serves at a personal level as well as it does allow a certain level of focus of light to come forth into the foundation office and that light that is left within the foundation office each week does express in some way sometimes causing within, tension within the office and sometimes manifesting as great love, great giving, great expressions of truth and a desire to serve. This is why the core group is serving today and this is why it will continue to serve as by being a focus of light within the office and implanting a channel of light each week within the office structure itself. We do not ask any more of the core group than that. From there it is an individual pattern that must develop.

This is why we are bringing about the Institute in order to be the greater focus of light now to fulfill that which is unfillable within the core group. Are there any questions concerning this one little area?

When would you like the Institute to begin operation?

As we see it the Institute is in operation already for the focus of light is manifesting. As for physical manifestation of the Institute we feel that certain things must be set in motion before it can actually become a full operation within the physical levels. Certain things within the legal structure must be developed, a certain structure must be developed so that the flow of money for funding can be developed, but we wish it to be drawn together



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as soon as possible. Again, some of things we leave within your hands and if we feel that there is a misdirection then we will come back and redirect it again so that you further understand with clarity. This is what we are trying to do now.

Remember the Institute exists within each of your hearts here. It already exists. As there is a three-in-one principle expressing, there is three of you here today expressing the one principle of the Institute. So it exists today and is living and evolving daily. Bring it to fruition, bring it into physical focus involvement in the world as soon as possible; but do not run to bring this about. Take it step by step, and set down a strong foundation by which it can function from. Otherwise, if you rush to bring it about, in that rushing much will be forgotten and will have to be redone again and only slow down its flow of life.